



PROFESSIONAL HIGH QUALITY CPD TRAINING



COURSE: BG TEACHERS TRAMPOLINE AWARD LEVEL 1 **REF:** BG1/WAT/JUL26
VENUE: WOODSIDE LEISURE CENTRE, HORSESHOE LANE, WATFORD, WD25 7HH
DATES: 16TH & 17TH JULY 2026
TIME: 8.00AM - 2.30PM

<p>Course Details This British Gymnastics accredited training course enables you to teach the trampolining skills within the course syllabus for the benefit of your pupils unsupervised within the school curriculum only.</p> <p>Level 1: Safety, setting out and packing away trampolines, basic biomechanics, basic trampolining skills up to half twist in to and out of seat, front and back landings & basic combination skills.</p> <p>Entry Requirements</p> <ul style="list-style-type: none"> • This course is open to all teachers who are currently studying towards or already hold QTS/QTLS status • Minimum Age: 21 years. • No previous experience is required at Level 1. 	<p>Assessment Criteria Our professional courses tutors will assess your competence to teach trampolining through a variety of assessment methods.</p> <p>Level 1: Practical assessment, self assessment questions and verbal questioning. There is no formal written exam at level 1.</p> <p>Accreditation This is the first level of accreditation for teachers through British Gymnastics. Here after you may progress to a level 2 course if required. A refresher course should be attended every 2-3 years to maintain competence regardless of your level of certification.</p> <p>Jewellery: Jewellery is not permitted during the course for safety reasons. You may not be able to participate if you are unable or unwilling to remove jewellery. Please note that you are not entitled to a refund or transfer to an alternative course if this is the case.</p>	<p>Course Fees: £350 PER PERSON.</p> <p>Payment: We prefer payment by BACS. Please email finance@trampolinecentral.co.uk for our bank details.</p> <p>Terms & Conditions: All accepted bookings will be charged for regardless of attendance. Trampoline Central reserve the right to cancel courses at 5 days notice if less than 12 candidates book onto the course. Submitting an application confirms acceptance of our terms & conditions. Full T&C's are available on our website.</p>
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Please remember to retain a copy of this form for your own records

DELEGATES FULL NAME

DATE OF BIRTH

BILLING NAME & ADDRESS

CITY

POSTCODE

SCHOOL TEL

MOBILE

EMAIL

FINANCE EMAIL

MEDICAL/SPECIAL NEEDS INFO

PURCHASE ORDER NO.

I confirm that I have read and understood the Terms & Conditions of booking a training course with Trampoline Central. I confirm that I am physically fit and free of injury and willing to fully participate in all physical aspects of the course. I meet the entry requirements stipulated above and acknowledge that course fees will not be refunded in any circumstances should I not meet the entry requirements, or fail to attend the booked course in full as specified above. I also acknowledge that attendance at any additional course(s) will have to be paid for in full should I cancel, fail to attend or complete the course as outlined above. This also includes non attendance due to Covid related issues.

OFFICIAL USE:

APP REC'D:	COURSE CONF:	INV NO:
APP CONF SENT:		PMT:

SIGN:

DATE:

Submitting this form constitutes a legally binding contract. Cancellations will not be accepted